

Name: \_\_\_\_\_ School: \_\_\_\_\_ Date: \_\_\_\_\_

Teacher: \_\_\_\_\_ I am a (circle one): Boy / Girl Grade (circle one): 3 4 5

I am a (circle one): Asian / Black / Hispanic/Latino / Native American / White / Mixed-Race

### **Directions:**

Each student has different ways that they act around other students at school. What are you like? Please tell us by saying how often each of the sentences written below is true for you. Choose an answer from the scale at the bottom of the sheet. Then circle its letter for each sentence. If a question confuses you, raise your hand and your teacher will try to help you. If you still don't get it, leave it blank.

### **How often is each sentence true for you?**

1. I will do a dare even if it might get me in trouble.	<b>N S O A</b>
2. When another student is upset, I try to make him/her feel better.	<b>N S O A</b>
3. If I walked away from a fight, I'd be a coward ("chicken").	<b>N S O A</b>
4. It is hard for me to work well in a group with other students.	<b>N S O A</b>
5. When I am in a bad mood I get in arguments with other students.	<b>N S O A</b>
6. Words just fly out of my mouth before I even think about them.	<b>N S O A</b>
7. When I have something another student needs, I share it with them.	<b>N S O A</b>
8. Other students make me so mad that I yell at them.	<b>N S O A</b>
9. When I do school projects with other students, we end up arguing a lot.	<b>N S O A</b>
10. Even when I get <i>really</i> mad, I can control what I do.	<b>N S O A</b>

<b><u>N</u>EVER (OR ALMOST NEVER)</b>	<b><u>S</u>OMETIMES</b>	<b><u>O</u>FTEN</b>	<b><u>A</u>LWAYS (OR ALMOST ALWAYS)</b>
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11. I do things before I think about them.	N S O A
12. When a student gets left out by other kids, I include them in what I am doing.	N S O A
13. When I get in an argument with another student, we work it out quickly.	N S O A
14. It is worth giving in a little to settle a disagreement with another student.	N S O A
15. After I have been angry, I try hard to think of ways I could get less angry next time.	N S O A
16. My mouth gets me in trouble.	N S O A
17. I like to know how other students are feeling.	N S O A
18. Other students make me so mad that I push or hit them.	N S O A
19. When I don't like another student's ideas, I ignore him/her.	N S O A
20. When something starts making me angry, I can calm myself down before I get <i>too</i> mad.	N S O A
21. After I have done something wrong, I try hard to make it right.	N S O A
22. Other students' problems make me sad too.	N S O A
23. When another student gets mad at me, I try to see his/her side of the story.	N S O A
24. When I have a disagreement with another student, one of us ends up feeling unhappy.	N S O A
25. I get mad easily.	N S O A

**Thank you!**

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