

Name: _____ Mentee's Inits: _____ Date: _____ Office use only: ID: _____

GENERAL DIRECTIONS:

This questionnaire will ask how you feel about your match, what you do with your mentee, and what seems important to you. Most of the questions apply to every mentor. However, we understand that some of the questions will not apply to everyone. *If a question does not apply to you at all, leave it blank. If a question does not make sense to you or you do not know how to answer it, leave it blank.*

SECTION I: Sharing, Closeness and Satisfaction

Directions: This section will help us understand how you feel about your match. For each statement below, please say how often it is true for you by choosing a number from the scale at the bottom of the page.

1. My mentee is open with me (shares thoughts and feelings).	1 2 3 4 5 6
2. I feel like the match is getting stronger.	1 2 3 4 5 6
3. My mentee is very private about his/her life at home (does not talk to me about it).	1 2 3 4 5 6
4. My mentee asks for my opinion or advice.	1 2 3 4 5 6
5. My mentee makes me aware of his/her problems or concerns.	1 2 3 4 5 6
6. I feel distant from my mentee.	1 2 3 4 5 6
7. I feel like my mentee and I are good friends (buddies, pals).	1 2 3 4 5 6
8. I feel unsure that my mentee is getting enough out of our match.	1 2 3 4 5 6
9. My mentee asks me for help when he/she has difficult schoolwork or a major project to do.	1 2 3 4 5 6
10. My mentee avoids talking with me about problems or issues at home.	1 2 3 4 5 6
11. My mentee is open with me about his/her friends.	1 2 3 4 5 6
12. I feel awkward or uncomfortable when I'm with my mentee.	1 2 3 4 5 6
13. I feel frustrated or disappointed about how the match is going.	1 2 3 4 5 6
14. My mentee is willing to learn from me.	1 2 3 4 5 6
15. My mentee does things to push me away.	1 2 3 4 5 6
16. I feel like I am making a difference in my mentee's life.	1 2 3 4 5 6
17. My mentee seems to want my help with his/her academics.	1 2 3 4 5 6
18. My mentee talks to me about it when he/she has problems with friends or peers.	1 2 3 4 5 6
19. My mentee shows me how much he/she cares about me (says things, smiles, does things, hugs me, etc.).	1 2 3 4 5 6
20. I feel like my mentee and I have a strong bond (are close or deeply connected).	1 2 3 4 5 6
21. My mentee seems uncomfortable (or resistant) when I try to help with problems he/she may be having.	1 2 3 4 5 6
22. I can trust what my mentee tells me.	1 2 3 4 5 6

1	2	3	4	5	6
NEVER	RARELY	SOMETIMES	PRETTY OFTEN	VERY OFTEN	ALWAYS

Section II: Match Activities

Name: _____

Date: _____

Office use only: ID: _____

Question 1. What *types of things do you do most often* with your mentee? Please list the things in the spaces provided—be as specific as possible. Next, choose a number from the scale at the bottom of the page to tell us how often you do each one. *We will use the “Rank” box later (in #4)...*

<i>Types of Things You Do With Your Mentee Most Often</i>	<i>How often?</i>	<i>Rank</i>
A)	1 2 3 4 5 6	
B)	1 2 3 4 5 6	
C)	1 2 3 4 5 6	
D)	1 2 3 4 5 6	
E)	1 2 3 4 5 6	

Question 2. Please list the *most important special activities* you have done with your mentee—anything like going somewhere special, doing something special, or going to a special event. A special activity is something you don’t do very often.

<i>Most Important Special Activities</i>	<i>Rank</i>
F)	
G)	
H)	

Question 3. Are there any things you are trying to *teach* your mentee or ways you focus on *helping him/her grow as a person*? If so, please list the most important ones below. Use the scale at the bottom of the page to tell us how often you do them with your mentee.

<i>Most Important Things You Do To Teach Your Mentee or Help Him/Her Grow as a Person</i>	<i>How often?</i>	<i>Rank</i>
I)	1 2 3 4 5 6	
J)	1 2 3 4 5 6	
K)	1 2 3 4 5 6	

Question 4. Now, please look at the things you listed on lines “A” through “K” above (it is okay if you left some lines blank). When you think of how you want to be as a mentor, which of the things you listed feel like the most important things you have done with your mentee? Put a “1” in the box next to the line of the most important one, a “2” in the box next to the second-most important one, etc. *Only rank the top **five** things.*

1	2	3	4	5	6
NEVER	RARELY	SOMETIMES	PRETTY OFTEN	VERY OFTEN	ALWAYS

Section III: Approach

Name: _____ Date: _____

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Question 1. Each mentor is unique, so each has a different approach. Please help us understand your approach by listing your three most important focuses (things you want to do as a mentor). Next, rank them from one to three to tell us which is your most important focus (“1” is most important).

Your Three Most Important Focuses as a Mentor

Rank

A)	
B)	
C)	

Question 2. If the item you ranked “1” above is your most important focus, how important do you consider the focuses listed below? Please tell us how important each focus is to you by choosing a number from the scale at the bottom of the page. *Remember, there are no “right” answers—each mentor has a different approach.*

1. Sharing your life experiences with your mentee?	1 2 3 4 5 6
2. Having times when you do nothing but fun things with your mentee?	1 2 3 4 5 6
3. Getting your mentee to develop his/her character (be honest, responsible, etc.)?	1 2 3 4 5 6
4. Doing activities with your mentee that get him/her to think (like reading, puzzles, educational games, etc.)?	1 2 3 4 5 6
5. Encouraging your mentee to push beyond what is comfortable or easy (to expect more of him/herself)?	1 2 3 4 5 6
6. Focusing on feelings and emotional things with your mentee?	1 2 3 4 5 6
7. Making time to goof around, laugh, and have light-hearted fun with your mentee?	1 2 3 4 5 6
8. Teaching your mentee to manage or improve his/her behavior (control impulses, make better decisions, etc.)?	1 2 3 4 5 6
9. Doing or saying things to improve your mentee's attitude towards school (or keep it positive if it is already good)?	1 2 3 4 5 6
10. Exposing your mentee to new ideas and experiences?	1 2 3 4 5 6
11. Telling your mentee about your job?	1 2 3 4 5 6
12. Having time when you and your mentee just hang out together (no particular activity to do)?	1 2 3 4 5 6
13. Getting your mentee to care more about other people?	1 2 3 4 5 6
14. Helping your mentee with schoolwork?	1 2 3 4 5 6
15. Getting your mentee to develop stronger skills and interests?	1 2 3 4 5 6
16. Spending time just talking with your mentee?	1 2 3 4 5 6
17. Having fun (yourself) while you are with your mentee?	1 2 3 4 5 6
18. Teaching your mentee social skills (like table manners, how to meet people, etc.)?	1 2 3 4 5 6
19. Involving academics in the match?	1 2 3 4 5 6
20. Getting your mentee to think about serious issues in his/her life (school, relationships, etc.)?	1 2 3 4 5 6

1	2	3	4	5	6
NOT IMPORTANT	A LITTLE IMPORTANT	PRETTY IMPORTANT	VERY IMPORTANT	EXTREMELY IMPORTANT	MOST IMPORTANT

Section IV: Match Influences Name: _____ Date: _____

Office use only: ID: _____

Directions: This section asks about things that affect your match. For each statement below, please say how much you agree by choosing a number from the scale at the bottom of the page.

1. My mentee and I hit it off right away.	1 2 3 4 5 6
2. My friends and family are glad I am a mentor.	1 2 3 4 5 6
3. I am so busy that it is difficult for me to see my mentee regularly.	1 2 3 4 5 6
4. I think I might be a better mentor for a student who had fewer problems (or less severe).	1 2 3 4 5 6
5. My mentee's parents/guardians are actively involved with our match.	1 2 3 4 5 6
6. The program that made my match has provided training that helps me be a better mentor.	1 2 3 4 5 6
7. My mentee wishes I were different (younger/older, man/woman, etc.).	1 2 3 4 5 6
8. Being a part of this match has meant I can't spend as much time as I would like with friends or family.	1 2 3 4 5 6
9. My mentee is so busy that it is hard to schedule with him/her.	1 2 3 4 5 6
10. My mentee needs more from me than I can give.	1 2 3 4 5 6
11. My mentee's parents/guardians strongly influence our match.	1 2 3 4 5 6
12. I get regular guidance/supervision from staff at the program that made my match.	1 2 3 4 5 6
13. My mentee and I have similar interests.	1 2 3 4 5 6
14. My friends and family support my efforts as a mentor (encourage me, help me come up with ideas for activities, etc.).	1 2 3 4 5 6
15. The distance I have to travel to see my mentee is a problem for me.	1 2 3 4 5 6
16. I have had experiences that help me understand the important challenges and issues in my mentee's life.	1 2 3 4 5 6
17. My mentee's parents/guardians interfere with our match.	1 2 3 4 5 6
18. The support I get from the mentoring program makes me a better mentor.	1 2 3 4 5 6
19. My background makes it easy for me to relate with my mentee.	1 2 3 4 5 6
20. My being a mentor has had a negative effect on my relationships with friends or family.	1 2 3 4 5 6
21. Issues related to money affect the time I can spend with my mentee.	1 2 3 4 5 6
22. It is hard for me to deal with my mentee's behavior.	1 2 3 4 5 6
23. It is hard for me to get in touch with my mentee's parents/guardians.	1 2 3 4 5 6
24. The mentoring program provides special activities or events that I can go to with my mentee.	1 2 3 4 5 6
25. I wish I had a different type of mentee (younger/older, boy/girl, more/less physical, etc.).	1 2 3 4 5 6
26. My friends and family do volunteer activities.	1 2 3 4 5 6
27. I think my mentee and I are a good match for each other.	1 2 3 4 5 6

1	2	3	4	5	6
COMPLETELY DISAGREE	MOSTLY DISAGREE	TEND TO DISAGREE	TEND TO AGREE	MOSTLY AGREE	COMPLETELY AGREE